

**Lieutenant Colonel (Retired) Cathy Nicholson Troutman,
U.S. Army, Biomedical Information Systems Officer (70D)**

NABMW Executive Board Elected Position (If Applicable): Vice President, Military Affairs, 25-Present; and Public Relations Officer, March 21-25

Personal History: A native of Marianna, Arkansas. 1984 graduate of Arkansas State University, Jonesboro Arkansas. BS Degree in Business Data Processing and a Masters in Business Administration. Married to Rich Troutman (since 1989), Army Veteran. Currently resides in Rockville, MD. Served as the Grand Marshal for the City of Rockville, Maryland 2017 Memorial Day Parade. Leads the collaboration with the DMV Easterseals Programs to provide support to the Homeless Veterans Reintegration Program and the Center for Development and Civil Engagement to collect and donate winter accessories and gift cards for Veterans experiencing homelessness. **Two daughters:** Dr. Michele A. Troutman, OBGYN (Pediatric and Adolescent GYN Specialty) in the Dallas Metro Area, and Ashley Troutman of Silver Spring, Maryland. Cathy is currently a Program Administrative Specialist at the Uniformed Services University of the Health Sciences in Bethesda, Maryland.

Rank: Lieutenant Colonel

SSI (Officers): 70D/Biomedical Information Systems Officer (BISO)

Military Branch: Army

Time in Service: 1984-2008

Duty Assignments: Served over 20 years as a Medical Service Corps, Biomedical Information Systems Officer in the United States Army serving as Chief Information Officer/Biomedical Information Systems Officer (BISO) at regional medical centers (overseas and stateside), community hospitals, and telemedicine agencies. **Units:** BISO- Healthcare Systems Support Activity, BISO-Walter Reed Army Medical Center; Chief Information Officer-Frankfurt Army Regional Medical Center; Chief Information Officer-Kimbrough Army Community Hospital; Chief Information Officer-Armed Forces Institute of Pathology, Chief Information Officer-Ft Belvoir Regional Medical Center; Clinical Information Officer-Telemedicine Regional Headquarters; Director Biometrics/Chief Information Officer-Walter Reed Army Institute of Research; Research Portfolio Manager-Telemedicine & Advanced Technology Research Center; Deputy Director-Army Surgeon General's Offices for Pharmacovigilance, and the Automated Neuropsychological Assessment Metrics Systems (ANAMS) Program for Mild Traumatic Brain Injuries

Organization/Positions/Assignments in which you were a FIRST (Black): Chief Information Officer, Frankfurt Army Regional Medical Center; Deputy Director-Army Surgeon General's Offices for Pharmacovigilance, and Deputy Director, Automated Neuropsychological Assessment Metrics Systems (ANAMS) Program for Mild Traumatic Brain Injuries.

Deployments: Africa; Thailand

Awards Include: Order of Military Medical Merits; Joint Meritorious Service Medal, Meritorious Service Medal, Army Commendation Medal, Army Volunteer Service Ribbon, Overseas Service Ribbon, Army Achievement, Army Physical Fitness, and several Unit Citations; 2000 CFC Campaign Manager of the Year for the National Capital Area.

Accomplishments include:

- 2025: Elected to serve as Vice President, Military Affairs, National Association of Black Military Women (NABMW) for the DC, Maryland, and Virginia (DMV) Chapter.
- 2024: Selected to serve as Co-Chair, 40th Anniversary Weekend for Delta Sigma Theta Sorority, Inc, Potomac Valley Alumnae Chapter
- 2024: Inducted as a Charter Associate Member of the Potomac Valley Chapter of Jack and Jill of America, Inc. Elected to serve as Corresponding Secretary.
- 2023: Inducted as a member of the Montgomery County Chapter of Top Ladies of Distinction. Served as Web Development Manager, where she designed and oversaw the development of the chapter's website.
- 2022: Nominated and selected as the recipient of the Potomac Valley Alumnae Chapter of Delta Sigma Theta Sorority Incorporated Past President Award for outstanding and dedicated service.
- 2021: Inducted as a charter member of the National Association of Black Military Women (NABMW) for the DC, Maryland, and Virginia (DMV) Chapter: Served as the Public Relations Officer. Served as Web Development Manager, where she designed and oversaw the development of the chapter's website. In addition, she led the project to collect personal items for Veterans women in homeless shelter—improving the lives of women.
- 2019: Served as Chair, Delta Sigma Theta Sorority, Inc, Potomac Valley Alumnae Chapter Annual Fundraiser (Crab Feast)
- 2018: Spotlighted for her volunteer work at the Children's Inn at NIH, where she volunteers on a regular basis.
- 2017: Served as the Grand Marshal for the City of Rockville 2017 Memorial Day Parade, a representative of service and commitment to country.
- 2015: Inducted into the Lee High School Alumnae Hall of Fame for her scholarship contributions to graduating seniors of Lee High School in Marianna, Arkansas, and her lifetime commitment to service.
- 2013 National Institute of Health (NIH), Office of The Director Honors Award; Numerous NIH Cash Awards, and Time Off Awards
- 2008: Selected as Mother of the Year, Potomac Valley Chapter of Jack and Jill of America, Incorporated.
- 2008: Served as Co-Chair, Economic Development Committee, Potomac Valley Alumnae Chapter of Delta Sigma Theta Sorority Inc.
- 2004-2013, she served as recording secretary under two presidents, and as a Senior Teen Advisor among her many contributions. She was instrumental in conveying summer internship opportunities for teens and senior teens.

Professional Affiliations: Diamond Life Member (Fall 1981)-Delta Sigma Theta Sorority, Inc.-Potomac Valley Alumnae Chapter (PVAC); Charter Member, National Museum of African American History; Founding Sponsor-National Museum of the US Army; Charter Associate Member, Potomac Valley Chapter of Jack and Jill of America, Inc.; Life Member-Military Officers Association of America; Army Medical Department Silver Caduceus Association; NAACP-Montgomery County; Life Member- Veteran of Foreign Wars; Life Member-Rocks, Inc.; Association of the United States Army; Life Member, Disabled American Veteran; and member, Top Ladies of Distinction, Montgomery County Maryland.